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UPDATES IN LIGHT OF COVID-19

ATTENTION

Hospital policy set in motion as of 03/19/2020:

DO NOT bring children, family members or any friends to your appointments they will not be allowed pass security/screening check points.

In order to reduce the risk of spreading COVID-19 to our patients and staff, as well as the rest of the hospital and the larger community, please read the following recommended screening questions taken from the CDC and WHO:

1. Have you traveled to Europe, Iran, China, South Korea, Japan, or on a cruise in the last 14 days?
2. Have you been directly exposed to someone with confirmed Coronavirus or a person under investigation?
3. Are you part of an organizational quarantine (school, place of worship, transportation)?

*If you answer "yes" to any of the 3 questions above, we ask that you not come into the office. **The CDC recommends a two-week self-quarantine for any person with these risk factors.** Please call our office and ask for an advice nurse and we would be happy to answer any questions and reschedule your appointment for after that two-week window. If you have an urgent need to be evaluated, we will work with you to make the best and safest arrangements.*

4. Are you experiencing any cold/flu symptoms: fever, cough, sore throat, headache, runny nose?

If you are sick, we ask that you not come to the office for routine appointments until you are healthy. If you need to be seen before that, we will work with you to make the safest arrangements.

Please also be aware that **Virginia Hospital Center is no longer allowing visitors except under very special circumstances. When you are in labor you may have one support person and if you choose a certified doula.**

You can access updates on the web site: <https://www.virginiahospitalcenter.com/>

This document will be updated as we know more. Please also check the CDC website for the most reliable and up-to-date information: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>